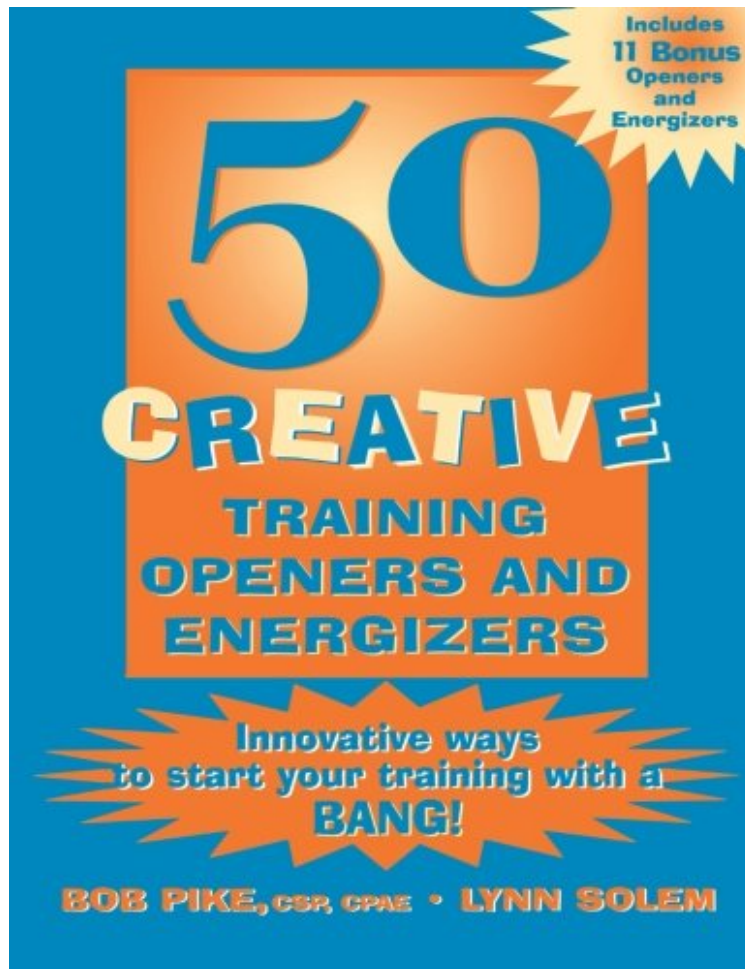


## 50 Creative Training Openers and Energizers

*Bob Pike, Lynn Solem*  
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#824327 in Books Pfeiffer 2000-05 2000-02-15Original language:EnglishPDF # 1 10.94 x .44 x 8.58l, 1.12  
#File Name: 0787953032128 pages | File size: 64.Mb

**Bob Pike, Lynn Solem : 50 Creative Training Openers and Energizers** before purchasing it in order to gage whether or not it would be worth my time, and all praised 50 Creative Training Openers and Energizers:

1 of 1 people found the following review helpful. Don't forget the Name TentsBy Edwin C. PauzerIcebreaker, Networker, Team Builder, Task Tension Reducer, Relationship Tension Reducer, Personal Tension Reducer, or Focussing Activity.Studies have shown that capturing anyone's attention at the start of training or a presentation is critical to a trainer's or presenter's success at maintaining learner interest and motivation otherwise the audience will shift to the nearest Lotto winning fantasy for about 30 minutes before checking back in to see what they have missed. Pike and Solem offer 61 energizers to ensure that you maintain audience interest.What I found most appealing about this book is how it is structured. It starts off with a matrix that Pike is particularly fond of using in much of his writing: Icebreaker, Networker, Team Builder, Task Tension Reducer, Relationship Tension Reducer, Personal Tension Reducer, or Focusing Activity. Each page will have the name of the activity, a box in the top right hand corner for

each of these categories, and a check mark next to each if the energizer applies to that goal. They also list the length of the course it is appropriate for e.g. use only for a course that is at least three hours long or a day long, etc. It also lists the materials and procedures for carrying out the exercises. The authors are also mindful of the size of groups (ideally 5 to 7) to maintain maximum interaction between all members including how and when to rotate groups to reduce the influence of dominant members and heighten the participation of more introverted members. Relationship tension reducers will be particularly helpful when participants are not getting along. These activities place a great emphasis on learners being seated in groups rather than individual desks since interaction is paramount for these activities to take place. Many of the activities involve the use of name tents. No name tents and you can skip a number of pages. Books of such a limited "genre" usually come at a steep price compared to, say, non-fiction or biographies. so full price can be steep and disappointing to the experienced trainer, but worth the price many times over the training neophyte who has no mentor for the labyrinthine interactions of a training workshop. Just make sure you don't forget the name tents and make sure people are sitting in groups. 0 of 0 people found the following review helpful. Can't go wrong with Bob Pike! By Alitc This is a great resource of quick, easy to use activities. I love that it's not only useful to me as a training professional, but its also a resource I can share with managers looking for activities to use with their teams. You don't have to be a trainer to use and understand how to facilitate these, which makes them awesome in my book! 0 of 0 people found the following review helpful. nothing really new By R. J. Having ordered several of Robert Pike's in the 90s I was looking forward to new ideas. Unfortunately, this was not the book for that. If you have not done training before this might be helpful. Pike's earlier books were more useful to me.

Open your next training session with a BANG! One of the hardest tasks you'll face as a trainer is pulling participants' thoughts away their daily duties long enough to engage them in your training. According to training master Bob Pike, two of the most important learning concepts are "primacy" and "recency." People don't remember middles; they remember beginnings ("primacy") and ends ("recency"). That's why, if you want your training to be a success, you have to gain their attention as soon as they walk in the door. Following up on the success of 50 Creative Training Closers, the most trusted and recognized names in training bring you 50 Creative Training Openers and Energizers. These lively, interactive session openers, ice breakers, and attention grabbers are what you need to inspire continued application, learning, and skill development. And you don't have to be a professional trainer to use this collection-- business presenters and educators of all kinds can immediately incorporate these creative designs into their work.

About the Author BOB PIKE, CSP, CPAE, has been a pioneer in the HRD industry since 1969. Pike has well earned his reputation as the "trainer's trainer." He is founder and president of Creative Training Techniques International, Inc. A prolific author, Pike has written or edited over 20 books, seminars, and training videos. He is the editor of the popular Creative Training Techniques Newsletter. He lives in Minneapolis, Minnesota. LYNN SOLEM was a senior trainer at Creative Training Techniques International, Inc. and an inductee into the United Nations Women's Hall of Fame.