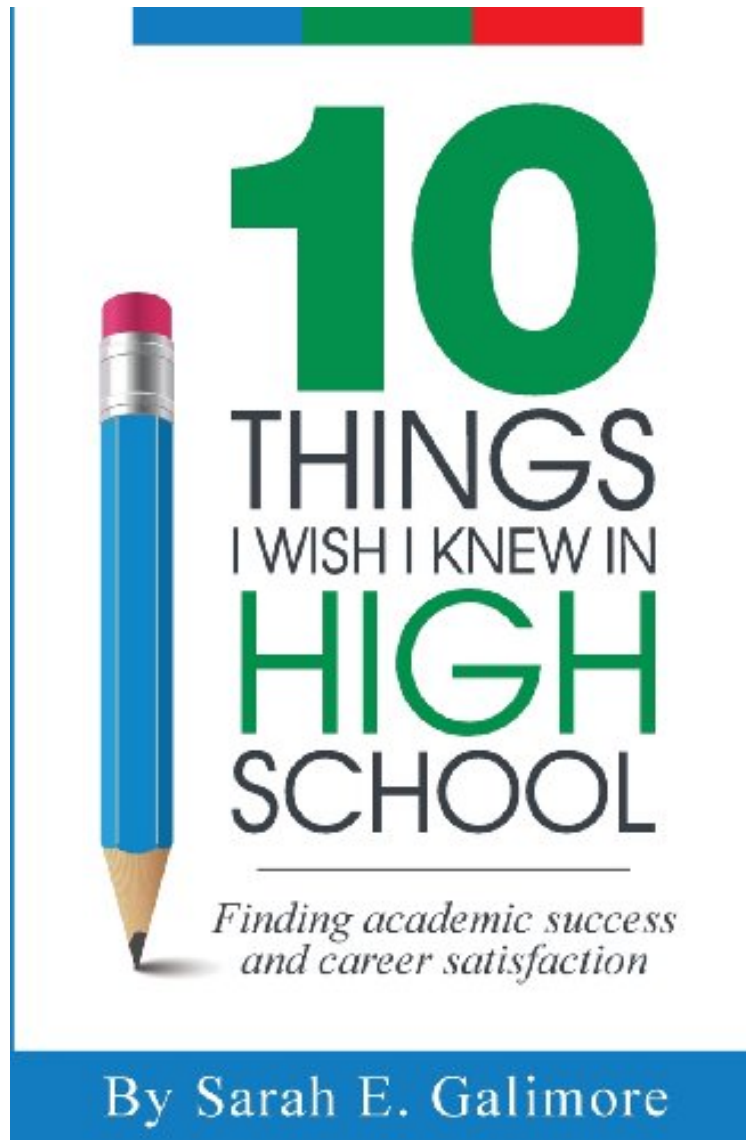


# 10 Things I Wish I Knew In High School

*Sarah E. Galimore*

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**Sarah E. Galimore : 10 Things I Wish I Knew In High School** before purchasing it in order to gage whether or not it would be worth my time, and all praised 10 Things I Wish I Knew In High School:

1 of 2 people found the following review helpful. An outstanding resource to share with the young people in your life.By Paul TognettiWhat startles me is the number of students who simply go through the motions, are lost along the way, confused or perhaps even oblivious to the complexities theyre up against. page 10Calling all parents, grandparents, aunts, uncles, mentors and other interested individuals. If you know of a young person who has just

started or is about to enter high school I have discovered a terrific resource that should help to make the sometimes dizzying transition from middle school a whole lot easier. Author Sarah Galimore sure wishes that she had this sort of thing available to her back in the day. She has obviously given the subject a lot of thought and what she has come up with is a neat little book that will help to prepare that young person for the challenges, opportunities and pitfalls that lay ahead. Sarah calls her book *10 Things I Wish I Knew in High School: Finding Academic Success and Career Satisfaction*. This extraordinary little book is jam packed with ideas, observations and helpful suggestions. There is an abundance of common sense in this volume. At just 82 pages *10 Things I Wish I Knew in High School* should be a quick and easy read for just about anyone. If you are an older person buying the book for that special young person in your life I wholeheartedly recommend that you read it first and then pass it on. That way you have the basis for a meaningful conversation down the road. Sarah Galimore certainly does not beat around the bush and she makes each of her points quite eloquently and very succinctly. Among the topics discussed are the important differences between friends and acquaintances and the need to advocate for oneself when necessary. Sarah also points out that real learning goes far beyond traditional textbooks, assignment and tests. These days there are myriad opportunities available for students to enhance their educational experience and Sarah mentions quite a few of them including work-study programs, internships and community service opportunities. Great stuff! Meanwhile, Sarah Galimore does not shy away from the difficult issues like alcohol, drugs and the decision each student must make about whether or not to become sexually active. Once again, I thought she handled these matters very adeptly. Finally, with the rising costs of a college education Sarah urges students to acquaint themselves with all of the options available out there. College is not for everyone and going to a technical school or opening a small business might be a better choice for some. Students need to be proactive throughout their high school years to obtain the information they need to make intelligent educational and career choices. When Sarah's publisher contacted me about reading and reviewing *10 Things I Wish I Knew in High School* I was more than happy to do so. I have been reading a lot about education over the past couple of years and thought that Sarah's approach might prove very useful to her target audience. I am pleased to report I could not have been more impressed. I found *10 Things I Wish I Knew in High School: Finding Academic Success and Career Satisfaction* to be a thoughtful and very well-written book. Sarah's passion for her subject is quite apparent. Very highly recommended! 0 of 0 people found the following review helpful. Excellent Advice for High Schoolers By John Chancellor I think at one time or another we have all pondered the questions, Knowing what I know now, if I could relive my life, what things would I do differently? We can spend a lot of time thinking about the things we might do differently, but that is a waste of time. Unfortunately we do not get the chance for a do over. We make our choices on a daily basis and then we live with the consequences of our choices and many of our choices will continue to impact our lives well into the future. Sarah Galimore, the author of *10 Things I Wish I Knew in High School*, takes a look back at some of the choices she made in high school and wonders whether she could have made better choices. Her goal in looking back is not to try to change the past or speculate about what might have been. She is still a rather young but that does not stop her from realizing that as youths we often fail to seek out guidance or worse yet think we don't need it. There seems to be a hazard of youth that we think we have things figured out, that life will not happen to us, that somehow we are invincible. I believe that Ms. Galimore has some valuable lessons for those still in high school. She freely shares the things she did and the things she failed to do that have not served her well. By all measures, most people would consider her a success. But she indicates that at times she tended to focus too much time and energy in ways that did not produce the best results for her. She also talks about failing to focus on some bigger picture items that she should have paid more attention to. The book is rather short and very easy to read. The target audience is the younger person who is looking for some guidance on making better life and career choices. She provides some excellent advice in a very conversational style. The advice she shares is not in any way preachy, and that should make it easier for young people to listen to her. Also, she is still rather close in age to the high school audience so she tends to write in a manner they will pay attention to. There are some very valuable lessons in this book. I would hope that all high school students would read this or some similar book and take the time to figure out their values, what they really want, how to achieve it, and how what they want fits in the larger world picture. She also advocates that it would be smart to enjoy your youth don't focus on growing up too fast. But I remember how smart I thought I was in high school how I thought I had everything figured out. I'm not sure there is any book that will cure that youthful attitude. This one certainly makes an effort. I was provided a review copy of this book. 1 of 1 people found the following review helpful. 10 Things By jskate Looking back at my high school experience, I can say with confidence that there are many things I would have done differently. So many things, in fact, that the thought of my son entering middle or high school gives me cold sweats. And I still have quite some time to worry about it. But that doesn't stop me from reading everything I can get my hands on about education and how to navigate it; and use an individualized approach to succeed. I do think this book is best suited to students who are about to enter or have newly begun high school, but I think it would still be helpful to students already immersed in their high school experience. Shoot, it was helpful to me and I am WAY past that stage! The book was easy to read, and I appreciated that the author touched on subjects that some parents may find difficult to discuss (like sex!). The author's genuine desire to help kids embarking on their high school careers is evident.

Colleges and employers continue to grapple with the fact that students in the United States are not prepared for the demands of higher education and the workforce. Students scramble to figure out where to go to school, how to get in, what to study, and how to pay for their education, one of the most important investments of their life. Education is a complex but highly valued system. It's a pathway to opportunities in life and a cornerstone of economic prosperity, but far too many students get lost along the way. What can students do to make sure they get the most out of their education? In this unfiltered, non-academic, and straight to the point personal essay, students are challenged to ask tough questions about their education and personal goals. They are provided insights based on the experiences of a young professional who has been where they are, and has a few thoughts on how to get them where they want to be.